



PANTHER PRIDE

Class of 2019

122 high school graduates and 160 8th grade graduates walked the Marr Auditorium stage to receive their diplomas in one of the most historic and beautiful buildings in Shasta County. U-Prep wishes to thank all of our guest and student speakers. It is a U-Prep tradition to have alumni speak and this year we were so fortunate to host 2012 alum Sara Stratte. We would also like to thank our senior speaker, Sierra Bowling, as well as 8th grade speakers, Justice S. and Abigail R. This year there was a special surprise in English teacher, Paul Kaukonen delivering his "Senior Letter" to the Class of 2019. The heart-felt messages conveyed were that of persistence, hard-work, joy, and the close-knit relationships that were formed during student's time at U-Prep. Following the high school ceremony, graduates were provided a parent-organized Sober Grad event. A special thank you goes out to the parents who planned and orchestrated a safe venue for post-graduation festivities. Best wishes to our graduates on all future endeavors!

DATES TO REMEMBER

June 2-6	Wrestling Camp
June 9-16	8th Grade East Coast Trip
June 17-21	Football Camp
June 17-20	Basketball Camp
June 24-26	Varsity Cheer Camp
June 24-27	Volleyball Camp
July 3-18	Service-Learning Trip to China
Aug. 1-3	1 on 1 Volleyball Camp
Aug. 5	6th Grade WEB Event
Aug. 5	9th Grade Link Crew Event
Aug. 6	Arena Day
Aug. 6	Sports Physicals 6:00PM
Aug. 13	First Day of School
Aug. 15	Popsicle Social
Aug. 16	Welcome Back Dance
Aug. 19	Early Release Day/2:10PM
Aug. 22	2nd Semester Academic Awards Delivered
Aug. 26	Early Release Day/2:10PM
Aug. 29	Back to School Night



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Senior Panorama May 2019



Senior Sunrise August 2019



Following Their Dreams

Class of 2019

ATP Flight School, Azusa Pacific University, Baylor University, Belmont University, Bethel School of Supernatural Ministry, Biola University, Blinn College, Brigham Young University, Brigham Young University-Idaho, Butte College, California Baptist University, California College of the Arts, Chapman University, Columbia University, Corban University, CSU Cal Poly, Pomona, CSU Cal Poly, San Luis Obispo, CSU Channel Islands, CSU Chico, CSU East Bay, CSU Fullerton, CSU Humboldt, CSU Long Beach, CSU Monterey Bay, CSU Northridge, CSU Sacramento, CSU San Diego, CSU San Francisco, CSU San Jose, CSU Sonoma, Cuesta Community College, Eastern Washington University, Elmira College, Emerson College, George Fox University, Grand Canyon University, Hollins University, Idaho State University, Lewis and Clark College, Mills College, Montana State University, Mount Holyoke College, Northern Arizona University, Oregon Institute of Technology, Oregon State University, Pacific Lutheran University, Penn State University, Point Loma Nazarene University, Portland State University, Quinnipiac University, Reed College, Rensselaer Polytechnic University, Rutgers University-Newark, San Diego State University, Shasta College, Simpson University, Southern Oregon University, Saint Mary's College of California, United States Air Force, United States Navy, University of Alaska, University of Alberta, University of Arizona, University of Calgary, UC Berkeley, UC Davis, UC Irvine, UCLA, UC Merced, UC Riverside, UC San Diego, UC Santa Barbara, UC Santa Cruz, University of the District of Columbia Community College, University of Hawaii-Hilo, University of Hawaii-Manoa, University of Montana, University of Nevada, Reno, University of North Carolina, University of North Carolina-Wilmington, University of Oregon, University of Pittsburgh, University of Portland, University of San Francisco, University of Southern California, University of Texas, University of Texas-Austin Film School, University of the Pacific, University of Utah, Utah State University, Washington State University, Western Washington University, Westmont College, Whitman College, Willamette University, William Jessup University

In the Spotlight

4th Quarter Character Trait RESPECT

Students of the Quarter

On May 21-22, the Student of the Quarter award recipients and their families joined us in the Board room to celebrate their accomplishments. Superintendent/Principal Shelle Peterson recognized each recipient by sharing their unique attributes. Students received an honorary certificate, and a special t-shirt. Refreshments were enjoyed after the ceremony. Congratulations to all of our Fourth Quarter Student of the Quarter Award recipients and their families!



Junior High SOQ

Front Row, left to right:

Tristan D., Nathan G., Maddox B.,
Ian F., Precious L., Ella P.

Back Row, left to right:

Jim C., Alexandra K., Sydney S.,
Casey W., Cody W., Daniel S.,
Brooke B., Violet L., Alexis N.,
Nora R., Noah H., Winston C., Peter R.,
Olivia V.

Not Pictured: Disha M.

High School SOQ

Front Row, left to right:

Emily B., Taylor M., Malena W., Isaiah W.,
Nicholas P., Annie C., Jocelyn F.

Back Row, left to right:

Gursimar T., Kristen K., Max H., Olivia M.,
Brooke N., Brenden N., Jacob H.

Not Pictured:

Damon U., Jace R., Skyler V., Hannah B.,
Mackenzie H., Aiden M., Justin M.



ASSOCIATED STUDENT BODY

HIGH SCHOOL STUDENT GOVERNMENT



JASPAL GADDY: JUNIOR HIGH ASB ADVISOR
KENT SMITH: HIGH SCHOOL ASB ADVISOR



May ushered in the final month of school for the year, and the tearful goodbyes in Student Government for our six wonderful graduating seniors. Along with AP testing, final exams, and graduation looming, ASB organized three final events in May – Family Movie Night - May 10th, Student of the Quarter - May 21&22, and Day on the Green - May 23rd.

Day on the Green was our most festive to date, replete with a staff member filled dunk tank, a 50 foot inflatable obstacle course, an inflatable bungee dunk game, Players Pizza and Kona Ice for treats, yearbooks to be signed, and our favorite NetSound DJ making the atmosphere festive. To top it off, the weather was perfect this year, which has not been the case in recent years.

Looking forward to the 2019-2020 school year, we have a fantastic class of 27 students ready to serve the student body, several students who are returning for a second or third year of Student Government. We are excited to implement fresh new ideas, as well as re-creating several of the tried and true events students love every year. For now, here's to a fabulous summer!



Mr. Bird takes a turn in the tank!



The inflatable obstacle course!



U-Prep added another amazing Westward Ways Day to its history on May 29, 2019! Thanks to parent and community volunteers, one of this year's 8th grade signature events was a huge success. Students dressed up in western attire and began the day with a pancake breakfast hosted by the amazing Asphalt Cowboys. Students then went on to explore many activities such as gold panning (thank you to the Shasta Miners and Prospectors Association), a Civil War reenactor who gave our students a glimpse of the experience (thank you to Mark Richardson), and dozens of other games and activities. The winner of the Chili Cook-Off went to Mateo C. Thank you to all of the family members that made this day such a fun event for our 8th grade graduates!



Junior High End of the Year Activities



6th Grade Ancient Civilization Day



U-Prep 6th graders, teachers, and parents celebrated a fun and interactive day on the baseball field for U-Prep's 10th annual Ancient Civilizations Day. The ancient civilizations from prehistory to Rome were visited and a great time was had by all! Thank you to the wonderful volunteers for their time, effort, energy and great attitudes in making this a memorable and fun experience for our students.



7th Grade Medieval Day



The most royal gathering of our 7th grade knights, nobles and faire ladies was a tremendous success! Our very own University Preparatory Manor was bustling with activity! Our royal subjects participated in jousting, archery, face painting, and the fine art of mastering the quintain. Further, all members of the royal court were instructed by Sir Michael Tudor one of the kingdom's finest jugglers! The triumphs of the day were celebrated with a magnificent feast fit for king! A wonderful day was had by all! Thank you to all our amazing families for the support that made this day possible for U-Prep seventh grade students!



SENIOR BREAKFAST & AWARDS

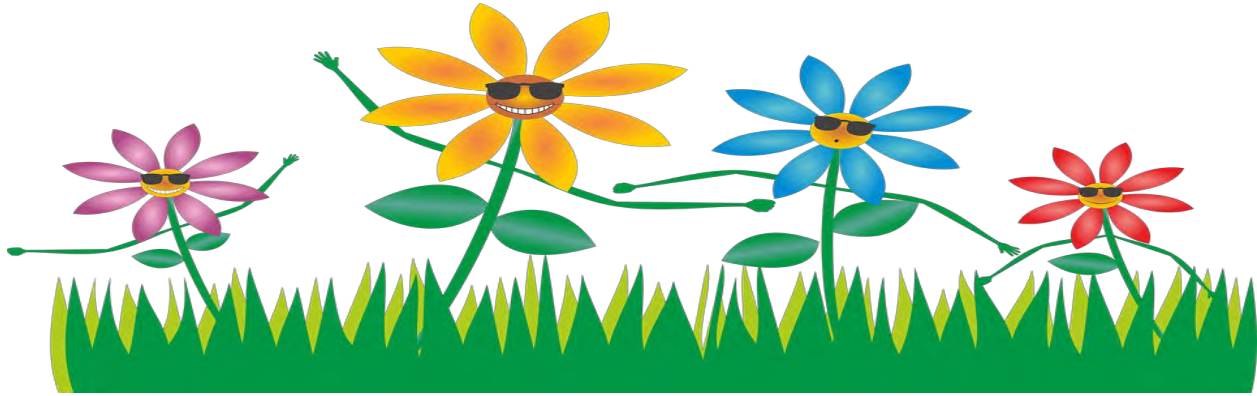
An annual U-Prep tradition

The Senior Breakfast is a cherished tradition at U-Prep. The senior class and their families arrive as guests while the junior class serves them breakfast. The juniors get up extra early to not only get the food cooked in time, but they also decorate the tables with a delightfully varied collection of themes. This year's tables included nods to niche television shows like *Psych*, and classic Disney films such as *UP*, to more immersive themes such as the camping table or the karaoke table. Plans to feed the more than 300 attendees on the East Lawn were pushed aside by some unexpectedly unseasonable rain. But the Stuart Gym made a fine substitute, still allowing such a large group to enjoy food and relax in style before heading in to the Senior Awards ceremony. This event has always proved to be a fun and meaningful endeavor for the junior class to say farewell to their peers.



College & Career Corner + Counseling News

Ms. Haworth, Mr. Williams, & Mr. Maikranz



Summer break is a perfect opportunity for your students to gain experience through paid or volunteer jobs, internships and other summer activities — pursuits that can also demonstrate a student's sense of responsibility to college admission officers. How can you help your students choose the most rewarding summer activities?

First, encourage students to talk to adults in their lives who can help them find activities that match their interests.

Next, share the following ideas and suggestions with your students as they begin the search for that perfect summer job or internship.

1. Follow a passion

Ask your students, "If you could do anything this summer, what would it be?" For example, a student who enjoys the outdoors and hiking could look into working at a summer camp or national park.

2. Get a taste of a future career

Advise students to experience the careers they hope to pursue. They can start by calling businesses and organizations related to their chosen field about summer jobs or internships. Professionals in any career often go out of their way to help a motivated student, so even if they're not hiring they may have suggestions.

3. Create an internship

During a job search, students may come across a potential employer — someone who inspires them or to whom they'd love to apprentice — who just can't afford to hire them. One option is to offer to work for free. The job skills gained may be worth their weight in gold.

4. Create a business

Motivated and mature students may find it rewarding to start their own small businesses. A bilingual student can advertise services as a language tutor, and a student with a green thumb can become an independent landscaper. Tell students to start lining up a few clients before the summer — and warn them that being your own boss can be hard work.

5. Think outside the box

Doing something constructive with summer vacation doesn't necessarily mean having a traditional job. Students who are really into performing or sports may want to devote their full-time energy to formally developing these skills. Encourage these students to look into special programs or summer learning programs.

6. Volunteer

Spending a summer pitching in at a local charity is a great way for students to learn about life and themselves. It can help them develop leadership skills that will last a lifetime. Students can volunteer and discover how to help others — while helping themselves.

7. Read! Read! Read!

Whatever students decide to do this summer — work, volunteer, intern or study — encourage them to read. Reading opens students' minds and introduces them to other worlds while sharpening important skills such as comprehension and vocabulary. Before school lets out, challenge them to generate a list of summer reading based on recommendations from you, teachers and parents.



6th Grade WEB

Incoming 6th graders are invited to our annual WEB (where everyone belongs) Orientation on August 5th from 9am until noon. A pizza lunch will be served. This is an exciting opportunity for your student to meet and bond with their classmates, and become familiar with the U-Prep campus prior to the start of school. We hope to see you there!



Link Crew

All incoming 9th grade students are welcome and encouraged to participate in Link Crew. Link Crew is a high school transition program that welcomes freshman and provides a positive experience as reference for their first year of high school. Link Crew orientation will be on Monday August 5th. More information will be forthcoming as the start of school draws near.

Games and BBQ from 7:00pm-8:00pm
Team building/orientation 8:00pm-9:00pm
Movie from 9:00pm-10:30pm.

Who We Are - Our Vision

University Preparatory School is a small, grades 6-12, college preparatory school committed to university level preparation in fine arts, literature, languages, history, mathematics, science, and philosophy.

Working together, University Preparatory School staff, parents, and community will offer students learning experiences needed to achieve their leadership and academic potential, to become creative thinkers, compassionate human beings, and ethical participants in a multi-cultural, democratic society.

Students will be immersed in rigorous academics and meaningful extra-curricular activities and supported by a close-knit community of teacher/advisors, which will enable them to choose any course of post-secondary education.



U-PREP ATHLETICS

As the 2018-2019 school year comes to a close, U-Prep commends its coaches and student-athletes on their seasons of success and accomplishments.

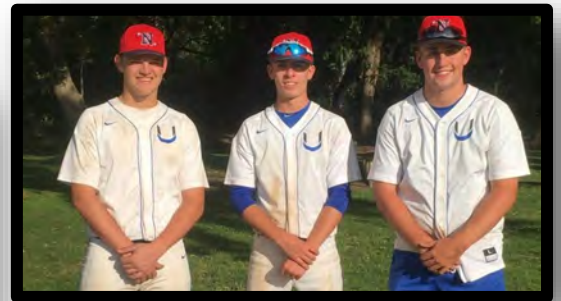


High School Spring Season Sports

Baseball, Softball, Boys Golf, Boys Tennis, & Track

Boys Baseball

- NAL MVP Pitcher: Dylan Cabral
- All League: Noah W, Will T., Aiden L.
- Honorable Mention: Bret Asdourian



Lions All-Star Team Members:
Bret Asdourian, Brady Swanson & Dylan Cabral

Boys Golf

- Carlton P. Hobery Tournament Champion (Lake Shastina)
- Division 2 Champion
- Overall Section Champion (Masters)
- Mark Stephens Awards

NAL MVP

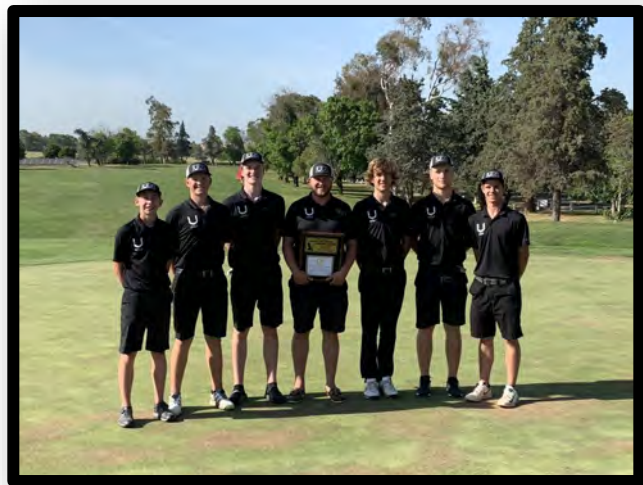
Division 2 Champion

Section Individual Champion

Tied 4th at NorCal Finals

Tied 26th at State Finals

Committed to UC Davis for Golf



U-PREP ATHLETICS

High School Spring Season Sports

Baseball, Softball, Boys Golf, Boys Tennis, & Track

Boys Tennis

- NAL Champions
- Team Section Runner-up
- Singles:
 - Paras D. - 2nd Place, All-League
 - Purush R.- 4th Place, All-League
 - Nikolai O.- 5th Place, All-League
- Doubles:
 - Paras D. and Purush R.
 - 2nd Place, All- League



Track

NAL All League:

- Grace G., Serena T., Audrie R., Madison K., Lexi J., Damon U., Quinn D., Jacob M., Justin M., Cooper O., Ethan P., Patrick K.

JH Spring Season:

Softball:

Royal Team: 2nd place in league

White Team: 2nd place in league

Baseball:

Black Team: League Champions

Royal Team: 5 wins, 2 losses, one tie

Track:

1st Place: 6th girls and boys

2nd Place: 7th girls and boys

1st Place: 8th grade girls and boys.

Records broken this year: James J. (7) 200, Rhys C. (8) mile, Kaitlyn C. (8) high jump



U-PREP ATHLETICS



We have 15 Student Athletes in the 2019 graduating class moving on to the Collegiate level.

7 Athletes will be participating at Junior College Level.

8 Athletes will be participating at 4 year Universities.

Junior College Athletes:

Bret Asdourian: Shasta College Baseball

Scott Bright: Shasta College Swim

Quinn Danner-Bocks: Shasta College Track & Field

Ryan Goss: Shasta College Tennis

Jordan Miller: Shasta College Basketball

Audrie Ruess: Shasta College Diving Team, Track & Field

Brady Swanson: Shasta College Baseball

4 Year University Athletes:

Mark Stephens: UC Davis Golf Team (Scholarship)

Lexi Jones: William Jessup Track & Field (Scholarship)

Justin Matties: CSU East Bay Cross Country/ Track & Field
(scholarship)

Alyssa Brown: Cal State Fullerton Dance Team

Dylan Cabral: Simpson University Baseball

Alexis Hayward: CSU Northridge Soccer

Kendall Nadin: CSU Channel Islands Club Competitive Soccer



Summer Travels with U-Prep



East Coast/Eighth Grade Expedition - Summer 2020

Attention incoming 8th grade students: Plans are already being made for the 2020 eighth grade trip to the East Coast. Trip dates are June 7-13, 2020. Early American historical sites and **monuments will be visited. You won't want to miss this trip!** Chaperones are always needed, interested parents are encouraged to sign up. Please email Shannon Bright for more information: sbright@suhsd.net



SEPA CLUB

SEPA students and families are off to England, Ireland, and Scotland for our 2019 trip this month. Over the course of thousands of years on the British Isles, kingdoms have come and gone, borders have been erased and rewritten, countless battles have been fought, not the mention the trials of Harry Potter!! We wish them the joys of viewing the landscapes of these beautiful countryside, the medieval castles of Wales, Edinburgh's Old Town and bustling Piccadilly Circus in London, and look forward to the pictures and stories of all they have learned and experienced in their educational travels.



SEPA Club is off to Germany, Italy, Switzerland and France in 2020!





UNIVERSITY
PREPARATORY SCHOOL
 PURSUING EXCELLENCE TOGETHER

Shelle Peterson
 Superintendent/Principal
Rochelle Anglely
 Assistant Principal
Monica Cabral
 Assistant Principal

School Board: President – Mike Stuart ♦ Vice President- Susan Saephanh ♦ Members – Sue Brix, Trent Copland, Mike Littau

Parents' Guide to Required Immunizations

- **Diphtheria, Tetanus, and Pertussis (DTaP, DTP, Tdap, or Td) — 5 doses** (4 doses OK if one was given on or after 4th birthday. 3 doses OK if one was given on or after 7th birthday.) For 7th-12th graders, at least 1 of the doses of pertussis-containing vaccine is required on or after 7th birthday.
- **Polio (OPV or IPV) — 4 doses** (3 doses OK if one was given on or after 4th birthday)
- **Hepatitis B — 3 doses**
- **Measles, Mumps, and Rubella (MMR) — 2 doses** (Both given on or after 1st birthday)
- **Varicella (Chickenpox) — 2 doses**

In addition:

- The above requirements apply to new admissions and transfers for all grades.
- Personal beliefs waivers signed before 2016 are only valid until the 7-12 grade checkpoint - see shotsforschool.org.
- Medical waivers will be reviewed by the school nurse to ensure that they meet revised requirements. Please see shotsforschool.org for new requirements for Medical Waivers.
- California schools are required to check immunization records for all new student admissions at TK/Kindergarten through 12th grade and all students advancing to 7th grade before entry. Parents must show their child's Immunization Record as proof of immunization.

Please call the SUHSD School Nurses' office for questions – 241-3261

2200 Eureka Way Redding CA 96001 • 530.245.2790 • www.uprep.net

University Preparatory School 2019-2020 School Calendar

Su	M	Tu	W	Th	F	Sa
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
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28	29	30	31			

20

1st Quarter Ends: October 11 (43)
 1st Semester Ends: December 19 (43)
 3rd Quarter Ends: March 20 (48)
 2nd Semester Ends: May 28 (41)

Shaded = Student Attendance Days (175)

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FINAL EXAMS
MINIMUM DAY
ACADEMIC CONFERENCES

HOLIDAYS/RECESSES



Labor Day Sep 2
 Veteran's Day Holiday Nov 11
(by law must be Nov 11 if a weekday)
 Thanksgiving Break Nov 25-29
 Winter Break Dec 20-Jan 6
 Martin Luther King Day Jan 20
 Lincoln Day observed Feb 17
 Washington Day observed Feb 18
 February Recess Feb 17-21
 Spring Break Apr 3-Apr 13
 Memorial Day May 25

Easter - April 12

CERTIFICATED DATES

School Starts: August 13 Graduation: May 29
 School Ends: May 28

Staff Work Days ○ Aug 12
 May 29
 Jun 1

Staff Development Days △ Aug 9
 Jan 6
 April 3

Snow Day Makeup: April 3

(If snow day makeup is used, then Staff Development Day work day will be moved to June 2)

Revision Board Adopted 1-9-19